



Product Name: BUSH'S BEST Low Sodium Black Beans 108 oz.
(unheated and drained)

Product Code: 01885

Serving Size: 5.0 oz

Date: 1/23/2023

Meat Alternate

Description of Creditable Ingredients per FBG	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Beans, Black (Turtle), dry, canned, Whole, Includes USDA Foods, unheated, drained beans	5.0 oz	45.00	No. 10 Can (110 oz)	2.045 oz
Total Meat Alternate Creditable Amount:				2 oz

Vegetables

Description of Creditable Ingredients per FBG	Vegetable Subgroup	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Beans, Black (Turtle), dry, canned, Whole, Includes USDA Foods, heated, drained vegetable	Beans and Peas (Legumes)	5.0 oz	45.00	No. 10 Can (110 oz)	2.045 quarter cups
Total Cups Beans and Peas (Legumes):					1/2 cup

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that **5.0** ounce serving of the above product (ready for serving) provides 2 ounces of equivalent meat/meat alternate OR ½ cup(s) of Beans/Peas (Legumes) vegetables when prepared according to directions.

Signature

Frank Daniel Vaseekaran
Printed Name

Regulatory Compliance Manager
Title

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